



28 APRIL 2020

YOGA AUSTRALIA STATEMENT EASING OF WA RESTRICTIONS

Across Australia we are starting to see the first signs of an easing of Covid-19 restrictions. This is good news on many fronts and a very encouraging sign that the efforts we have all made to support social distancing are working to reduce the spread of Covid-19.

With the news that WA restrictions were easing yesterday, we have been liaising with relevant government and state officials as well as other leading industry groups to clarify what this means for yoga teachers and studios who are looking to begin face-to-face teaching again.

Below are the current guidelines for WA. We will continue to provide updates as changes are announced and implemented.

We thank you, our members, for alerting us to any questions or concerns you have.

Updated guidelines

Some of Western Australia's stage 3 restrictions have been relaxed effective Monday, 27 April 2020. The changes, based on health advice, will mean indoor and outdoor non-work gatherings will be relaxed to enable gatherings for up to 10 persons, lifted from the two person only limit, following continued low number of new cases and the encouraging response to COVID-19 in WA.

Specifically, Yoga or Pilates classes in WA are permitted outdoors or in a permitted venue, as long as there is no more than 10 people in attendance, including the instructor.



The sharing of equipment, mats etc, is prohibited and social distancing guidelines apply. All participants would be required to practise good hygiene to protect against the possibility of contracting COVID-19.

Yoga Australia has received advice that a 'permitted venue' is a venue already approved by the WA Department of Commerce to operate their business. We are seeking further clarification on this and will update our WA members as soon as this is available. At this point we can confidently say that classes can be taught in WA outside for up to 10 people (including the teacher).

Practising Yoga safely and within the regulations

At all times it is important that members follow the regulations relevant to their state and/or local council area. Some councils may have restricted access to outdoor recreational areas, for example. We understand that you want to get your face to face classes back up and running but we urge you to ensure that the guidance is clear before doing so and that you follow all the relevant requirements set out for your state with respect to maintaining social distancing.

To make it easier for you to keep up to date and meet those requirements, we have provided the most relevant links below

Useful Resources

<https://www.wa.gov.au/government/covid-19-coronavirus>

Emergency Management Act 2005 Closure and Restriction (Limit the Spread) Directions No 2