



25 MARCH A MESSAGE FROM THE CEO

Good morning everyone.

Last night the Prime minister introduced further measures to restrict movement and slow the spread of Coronavirus.

I understand from your comments on social media and your emails, that many of our members are already operating within the scope of the changes announced. There was considerable detail in his speech. What I want to do is condense the details here as much as possible to what is relevant for us as a yoga community.

Firstly, he clearly stated no yoga and only gave approval for outdoor bootcamps with a maximum of ten people. He was also clear that we should not congregate together in groups outdoors, "If you're gathering together in a group, say 10 people, together, outside in a group, that's not ok."

And he has asked all Australians to stay home, "stay at home unless it is absolutely necessary that you go out".

"Going out for the basics, going out for exercise, perhaps with your partner or family members, provided it's a small group."

The ABC has released a very concise summary of the various closures, which you can access here. (Please note, You will need to scroll right to the bottom of the page to access this list)

Our position has not changed. Our best guidance is that we should not continue to teach face to face classes.

Moving forward, our focus remains on continuing to support our members through this crisis. Our online discussion panel tomorrow (Thursday March 26 EST), will focus on Insurance, Finance and Communication considerations for your business. You can also access last week's panel discussion on [here](#).

Yesterday (March 24, 2020) we emailed out an adjustment to our teacher trainer guidelines for those of you running teacher training courses registered with us and wanting to take this teaching online.

We remain active across our social media feeds and are working behind the scenes to answer the questions coming up in your emails and calls and gathering the very latest useful information from credible sources to share with you.

Your support for each other (and the YA team) is wonderful. We are loving the positive comments and great links you are sending through. Keep them coming!

Thinking of you all,

Janet Hopkins