



1 MAY 2020

# UPDATE

## EASING OF WA RESTRICTIIONS

On Monday 27 April the Western Australian Government released guidelines for the easing of restrictions in WA.

As per our statement released on Tuesday 28 April, these guidelines clearly specified that Yoga could be taught outside with up to 10 people (including the teacher). However, the specifics of running indoors was unclear.

Yoga Australia has since received further information, through Fitness Australia, from the Pandemic Unit WA which has provided more clarity for teachers and studios.

These have been outlined below.

### UPDATED GUIDELINES

#### **Teaching in a private residence**

A yoga or Pilates session may be held in a private residence under the following conditions:

1. 10 persons or less
2. A minimum of 4 square metres of space for each person
3. Equipment must not be shared by participants during any permitted yoga session.

#### **Teaching in a studio**

Yoga Studios are to remain closed

These guidelines are taken from information provided to us by Fitness Australia which they received from the Pandemic Unit of WA (see excerpt on page two of this document)

We will continue to keep you updated as we receive more information



## **EXCERPT FROM PANDEMIC UNIT WA**

With regard to indoor yoga or pilates classes, the ultimate determination is made by the State Emergency Coordinator, through the Emergency Management Act 2005 (WA) Section 71 and 72 and Closure and Restriction (Limit the Spread) Directions (No2).

Our understanding is that the following applies in relation to yoga and Pilates classes:

### DEFINITION OF A PROHIBITED GATHERING

#### **12. A prohibited gathering means:**

- a) A gathering of more than ten (10) persons in a single undivided indoor space or a single undivided outdoor space that is a public space at the same time; or
- b) A gathering of two (2) or more persons in a single undivided indoor space or a single undivided outdoor space at the same time (whether or not the space is a public space), where there is not at least 4 square metres of space for each person at the gathering

As per section 12 (a) of Emergency Management Act 2005 (WA) Section 71 and 72A Closure and Restriction (Limit the Spread) Directions (No2) a yoga or Pilates session may be held in a private residence under the following conditions:

1. 10 persons or less;
2. A minimum of 4 square metres of space for each person;

Equipment must not be shared by participants during any permitted yoga session.

### **CLOSURE OF CERTAIN PLACES OF BUSINESS, WORSHIP AND ENTERTAINMENT**

11. Every owner, occupier or person apparently in charge of an affected place must close that place to the public while these directions remain in effect.

### **DEFINITION OF AN AFFECTED PLACE**

15. Affected place means any one of the following, whether operated on a profit or not-for-profit basis:(u) A health club or fitness centre, including a centre offering yoga, barre or spin facilities

### **Please also see the FAQ's located here**

<https://www.wa.gov.au/government/publications/cautious-easing-of-restrictions-frequently-asked-questions>