



9 MAY: YOGA AUSTRALIA STATEMENT

3 STAGE REOPENING ANNOUNCED

Australia is now moving into the re-opening phase with coronavirus restrictions to be relaxed under a three-step framework announced yesterday.

Scott Morrison and Dr Brendan Murphy outlined the three steps, each of which limit the number of people allowed at any one business, activity or social gathering. Under this national plan, at stage one, we see businesses, activities and social gatherings have a 10-person limit, step two raises this to 20-persons and step three to a 100-persons limit. Physical distancing will be a feature of all three steps.

Whilst the framework is national, the timing of each step will be determined at state level. We will likely see a continued difference across states, with each entering the stages at different times. The clarity needed to fill in the detail of the national plan is also likely to be provided at state level. Briefly here's what we believe you can expect at each step:

- Step One: Outdoor bootcamps for up to 10 people. We expect this will include outdoor Yoga.
- Step Two: Gyms and cafes that have a 20-person limit may be able to open. Community sport re-opens. We believe Yoga studios will be included here.
- Step three: Based on 100 people. Gyms (and we expect Yoga Studios) will be allowed to open, conceivably to the 100-person limit. Everybody will be back to work in their offices.

We expect more announcements from each of the states and territories over the next week(s) and we will continue to provide you with information relevant to the practice of yoga and the re-opening of your yoga studios and face to face classes. Please check in on the most recent updates relevant to your particular state, which you can find here and also through the links provided below. We emphasise again that requirements vary from state to state.

Our yoga community has adapted to this crisis with such fluidity and has been so respectful and supportive of the social distancing measures that have been put in place. We welcome the gradual easing of restrictions, understanding how important it is to stay vigilant. We continue to support best practice against Covid19 through testing, tracing and isolation.

Yoga Australia is dedicated to supporting our members in returning to face to face teaching as safely as possible, to protect your students, your families and yourselves. Yoga is such an important tool in our day to day wellbeing and we know our students and our communities can't wait to come back to class.

Janet Hopkins
CEO