

# Behaviour Policy and Procedure

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## Objective

This policy and procedure outlines Yoga Australia's approach to supporting and managing healthy behaviour in Yoga Australia registered teacher training courses.

## Policy

Yoga Australia is committed to ensuring that registered teacher training courses provide a safe, ethically and morally sound and supportive learning environment for all directors/owners and trainees.

Directors/owners and trainees are expected to conduct themselves at all times in accordance with Yoga Australia's policies and Code of Conduct & Statement of Ethics guided by the Yamas and Niyamas outlined in Patanjali's Yoga Sutras. This includes in person, online and telephone interactions between:

- directors/owners, teachers and trainees;
- teacher and trainees;
- trainees; and
- director/teacher/trainee and a third party.

Information provided by directors/owners, trainees and teachers in accordance with this policy is treated confidentially.

Directors/owners and trainees are to be informed about this policy during enrollment/induction and agreement to this

policy is a condition of employment and acceptance into a teacher training course and to register a course.

Trainees are to be advised of procedures to be followed if they feel that the teacher or another trainee has breached this policy.

The Director/Owner of the school reserves the right to suspend teachers or teacher trainees if they do not comply with this policy. Yoga Australia reserves the right to de-register a teacher training if it does not comply with this policy.

## Procedure

### Trainee Behaviour

In the event of trainee behaviour that breaches this policy, the teacher will discuss with the trainee their behaviour, improvements required and consequences of continued breaches in behaviour. The details of the behaviour and actions should be documented and reported to the Director/owner.

If the safety or wellbeing of other trainees is of concern, the offending trainee may be asked to leave the training immediately. The teacher should make contact with the offending trainee as soon as practical to discuss the incident and next steps. If the incident is significant enough to warrant police investigation (violence, theft, sexual assault, property damage), contact with police should occur as soon as practical.

Following the incident, the offending behaviour is to be recorded (see sample **Behaviour Report** at [Attachment 1](#)) and filed accordingly. Any time an incident occurs it should be recorded.

If the identified improvements from trainee are not made, the trainee, teacher and Director will meet to discuss the consequences of the continued behaviour. Depending on the severity of the incident, one repeat offence is considered to be sufficient to remove the trainee from the course.

**Trainee** – Students enrolled in a yoga teacher training course.  
**Teachers** – Staff employed to teach yoga and teacher training courses.

**Director/Owner** – Person(s) responsible for the teacher training school.

**Third Party** – Persons that may interact with the teacher trainee, teacher or director, including but not limited to the general public, staff working at the venue or nearby

## Sample Behaviour Report

Following any incident in teacher training, the offending behaviour is to be recorded and filed accordingly. The following template is a sample and can be modified to suit the needs of the report.

<b>Name</b>	
<b>Date</b>	
<b>Training contact person</b>	
<b>Time</b>	
<b>Below to be completed by teacher/owner</b>	
<b>Details of events and actions taken:</b>	
<b>Improvements required and consequences of breached behaviour:</b>	
<b>Teacher/Director Signature:</b>	
<b>Date:</b>	
<b>Below to be completed by student (optional)</b>	
<b>Student Response:</b>	
<b>Student Signature:</b>	
<b>Date:</b>	