

## FAQ on SA changes

Last updated on November 17, 2020

Please see attached the updated [Directions for Public Activities for South Australia](#). This is the official document that determines what we can and cannot do at this time.

### Social distancing - spacing

You are required to “take reasonable steps to ensure” that 1.5m is maintained during outdoor training. See below from the Directions (linked above):

Page 4 - “*physical distancing principle* - a person complies with the physical distancing principle if they maintain a distance of at least 1.5 metres from other people;”

Page 7/8 - “Physical distancing principle

- (1) A person who is present at a place at which a defined public activity is conducted or at which any gathering of people is occurring (whether or not a prohibited or prescribed gathering) **must use their best endeavours (having regard to the all the circumstances, including the nature of the activity) to comply with the physical distancing principle.**
- (2) **The occupier of a place at which a defined public activity is conducted and any person who conducts a defined public activity at a place must take reasonable steps to ensure that facilities provided at the place allow for compliance with the physical distancing principle during the conduct of the activity.**
- (3) The physical distancing principle does not apply to persons who live in the same household, or who are friends, family members or people who otherwise regularly associate with each other, or in circumstances specified under a provision of Part 4.”

### Covid Management Plans

Page 12 Clause 16- COVID Management Plans required for certain defined public activities

**An approved COVID Management Plan (under clause 11) is required in respect of each of the following:**

- (a) a defined public activity referred to in clause 14(2) or (3) **if more than 1 000 persons are reasonably expected to be present at or participating in the activity;**
- (b) the onsite purchase and consumption of food or beverages at a place where the total number of persons present at the place for the purpose of the purchase and consumption of food or beverages is reasonably expected to exceed 1 000 people;
- (c) the operation of a nightclub;

- (d) the operation of relevant licensed premises.

### **Restricted Premises - Page 6**

*restricted premises means any of the following:*

- (a) gymnasiums;
- (b) recreational centres;
- (c) indoor play centres;
- (d) amusement parks and arcades;

*restricted public activity means any of the following*

- (a) indoor or outdoor community sports fixtures and trainings (but does not include elite, professional or intra-school sports);
- (b) any classes or activities at gymnasiums, health clubs, fitness centres, yoga, barre and spin facilities and dance and pilates studios;

In summary, there appears to be no cap on the number of participants for outdoor fitness training in the directions. There also appears to be no suggestion of limitations on equipment or the types of activities performed.

### **On premises classes - e.g. car parks etc**

With regard to training on your premises (e.g. car-park area) this is still unclear. However, it could be argued that your car-park or outdoor space (e.g backyard) is part of the same premises as your gym and therefore may be restricted. For now we would suggest avoiding training anywhere on your premises and instead look to utilise public spaces (parks, fields, beach, oval etc.) with the appropriate council permission.

### **Outdoor Training**

Outdoor training will still be permitted. See below from the sa.gov.au website

#### *Changes to directions*

- Gyms, recreation centres, trampoline/play cafes to close (expected duration of 2 weeks)
- Community sports fixtures and training temporarily cancelled (expected duration of 2 weeks).

*Note: this applies to indoor and outdoor sports, contact and non-contact. Outdoor fitness activities still allowed."*

<https://www.covid-19.sa.gov.au/response>

Thank you to Fitness Australia for their support with this information.